

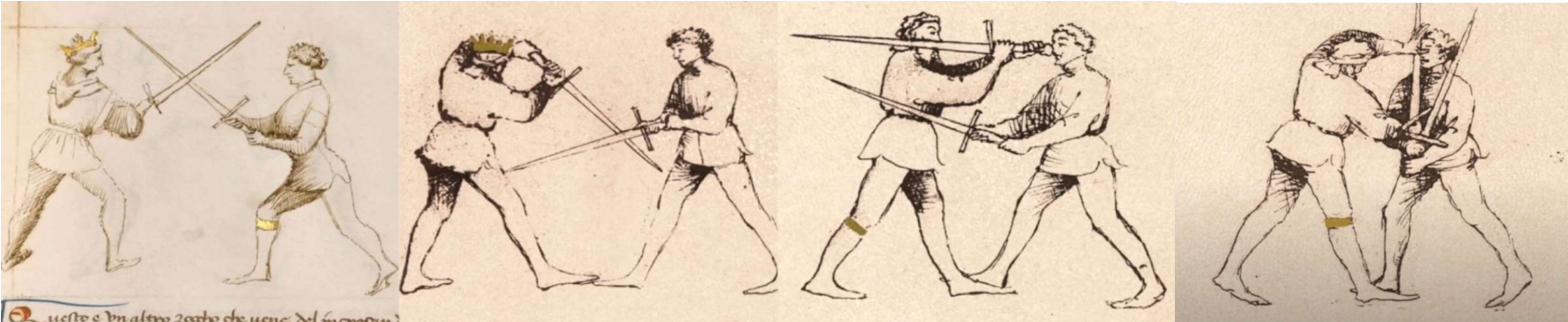
Zogho Stretto : Mandritto -Kreuzung

Ausgangsposition

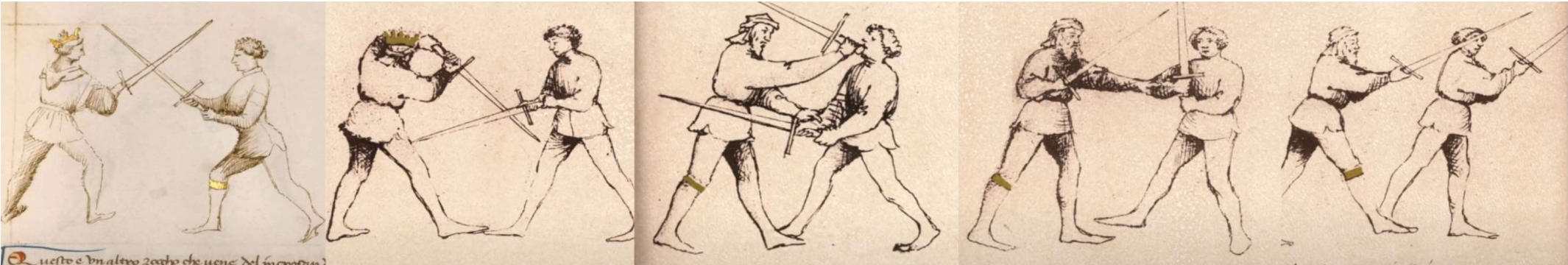
dem Druck nachgeben

Knaufschlag

Knaufhaken

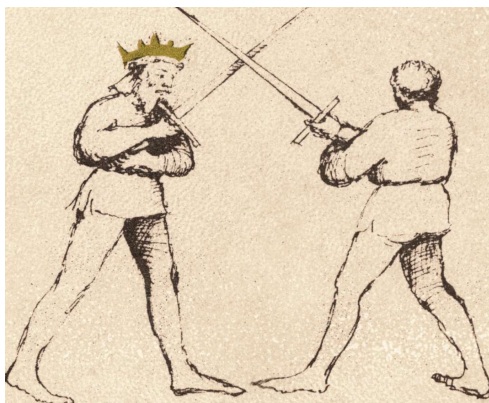


Ellenbogenschubs



Zogho Stretto : *Riverso*-Kreuzung

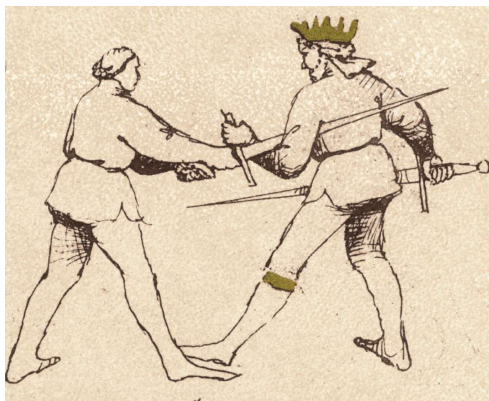
Ausgangsposition



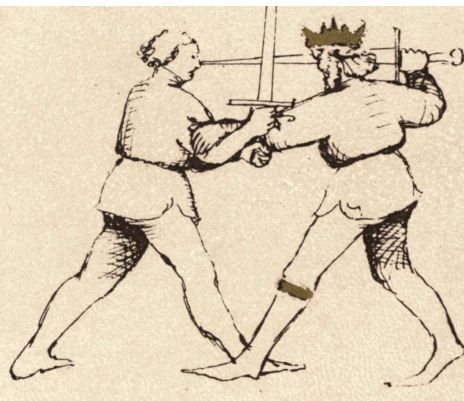
Umwickeln



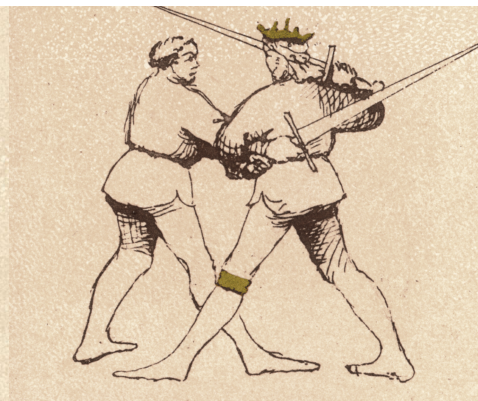
Endposition: etwas weit



Endposition: etwas weniger weit



Endposition: Arme gefangen



Endposition: Arme gefangen
(anderer Blickwinkel)

